

ANTISTRESS RITUAL



A Ritual for the Mind, Body & Soul

In today's fast-paced world, chronic stress has become a silent enemy of health.

This ritual is designed for those who seek deep regeneration of the body, a calm mind, and true relief.

The focus is on the nervous system, hormonal balance, and energy recovery.

The Package Includes



FOOT
REFLEXOLOGY (2X)



GUIDED RELAXATION &
BREATHING (1X)



AROMATHERAPY
RELAXATION
MASSAGE (2X)



SCALP & FACE
MASSAGE WITH
LAVENDER OIL (1X)



Calm your mind.
Release your body.
Return to yourself.

BONUS

- Herbal anti-stress tea during each treatment
- Daily balance tips (sleep, nutrition, breathing)
- 15% discount on the ImmuniBoost package when purchased together

SPECIAL OFFER

220.00 KM